

RESOURCE GUIDE

GENDER VIOLENCE

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Gender Violence is any form of violence **directed against a woman** because she is female.

Violence is not just killing someone or hitting them. Violence can also be verbal abuse, undermining or derogatory language, or gestures designed to humiliate the person.

Violence can also include intimidating behaviour, objects being thrown aggressively, being intimidated can cause a person to obey only because they are in fear. financial control or preventing a person from working is also violence.



IN CASE OF EMERGENCY

ASK FOR
HELP

EMERGENCY TELEPHONE NUMBER: 112
LOCAL POLICE OF BENISSA: 965730733
CIVIL GUARD: 965730722

EMERGENCY SERVICE FOR DEAF PEOPLE:
SVISUAL.ORG -TELESORD.ES

RESOURCE

F O R V I C T I M S

**More than 70% of the
women who report
and access the
resources of Gender
Violence recover their
daily life, their self-
esteem and their
identity**

1. SOCIAL SERVICES

 C/Bilbao, 6. Benissa  965 73 11 97

 Monday - Wednesday · 9:00 - 14:00

Information, guidance and advice on financial benefits, mobility aids, housing options ...

They will know how to help you with whatever you need.





2. CENTRO DONA

 900 580 888

 Square Arxiduc Carles, 3, Planta 1a. Dénia

 Monday - Sunday · 8:00 - 22:00

The service can offer one off or ongoing appointments. They can inform you about your rights and about existing resources to help you address your situation. They also offer professional help to alleviate and / or overcome the consequences of abuse through individual and group psychosocial intervention



3. LEGAL SERVICE

 965 73 11 97

 C/Bilbao, 6. Benissa

 Monday and Wednesday · 17:00 - 19:30

Free service that provides orientation and legal information of all scope. They also inform you of your rights as a victim of Gender Violence and what your best legal options and steps are. Everything is provided with the maximum **confidentiality**.



4. LOCAL POLICE



965 730 733



C/Bilbao, 8. Benissa



Monday - Sunday · 24 h

Call if you think you are in danger. They can accompany you to report the abuse if you do not want to go alone.

5. CLINIC



965 739 100 - 965 739 105 (Emergency 24 h)



Av. Ausias March s/n, Benissa



Monday - Sunday · 24 h

Here you will be attended to for any healthcare needs you have and they will provide you with a document which sets out any injuries (both physical and psychological).

6. CIVIL GUARD

 965 730 722 - (Alternating afternoons)

 C/ Bilbao, 6. Benissa

 Monday - Friday · 9:00 - 14:00

Call if you think you are in danger. They can accompany you to report the abuse if you do not want to go alone.





7. OFFICE OF ASSISTANCE TO VICTIMS OF CRIMES

 965 93 86 10 - 965 93 86 11

 Square Jaume I, 23. Dénia

 Monday - Friday · 9:00 - 14:00

Service specialized in helping for any victim of any crime.

WHAT HAPPENS WITH...

... my work, my house, if I do not have any money, relatives or other supports in the area, or if I have minors or elderly people in my care?

There are resources for women who have experienced Gender Violence. In resources 1 and 2, they will help you with these and other questions.

WHAT IF I AM A FOREIGNER WITH IRREGULAR SITUATION?

Your victim status is above your residence, do not be afraid to go to the resource you need.

SAFE SPACES

The Municipal Network of Espais Segurs is for
during the normal opening hours. They will pr
SUPP



RESOURCES



SAFE SPACE



FOR YOU...

On the other side of the emergency telephone, not only is the end of the mistreatment, there is the future life that you can live free from violence.

We all have the right to freedom, happiness, love and life. We all want to live as equals not as less than what we are.

You are NOT guilty of this situation, YES you are CAPABLE of finding solutions. Ask for help!

WE WANT TO US ALL ALIVE, NOT ONE LESS!

IF YOU WITNESS GENDER VIOLENCE...

Remember that Gender Violence is a violation of Human Rights, not a private problem.

If you witness an abuse do not keep quiet, contact the local police and, if you can, stay with the victim. Respect her; she must be the one to decide what steps to take.

If you think your family is having a hard time, talk to an adult from outside your family environment, they can help you.

**ELIMINATE THE VIOLENCE OF YOUR LIFE, YOU DESERVE TO BE
HAPPY**

WE WANT US ALIVE

#TRENQUEMELSILENCI

